



# The Elmswell Newsletter



More than thirty years of Parish Record... all the Community News...

**NOVEMBER 2024**

**On line at [elmswell.suffolk.cloud](https://elmswell.suffolk.cloud)**



**ROYAL BRITISH LEGION**

## Pop in for a poppy?

*... see page 1*

Published on the first Friday of every month by the Elmswell Amenities Association Reg. Charity No. 304879. 2500 copies delivered free to households and to businesses in the community. A volunteer enterprise entirely supported by advertising.

**PLEASE SUPPORT OUR ADVERTISERS**

**[EAA@elmswell.org.uk](mailto:EAA@elmswell.org.uk)**



**Our editorial is designed to inform and to encourage debate.**

**If you wish to comment, please do so via the office or by email at; eaa@elmswell.org.uk**

**We reserve the right to edit any such contributions that we may use in a subsequent edition.**

**The average print bill each month for the Elmswell Newsletter is £1,900.**

**Those of you who are good at sums have already worked out that this needs an income of about £23,000 each year - or a subsidy from somewhere.**

**Over 30+ years the magazine has built up a reputation that encourages potential advertisers to pay to have their wares and services publicised. Good old Servicemaster have been with us from the very beginning and many others have supported us for many years. This has been key to our success, as has the relationship we have built up with our printers who are a pivotal part of the team.**

**Our publisher, the Elmswell Amenities Association, as a registered charity relies on Trustees and other community volunteers, numbering some 50+ individuals, to put each month's edition together and to get it through every letterbox on the first Friday of every month. This enormous contribution of good will and hard work, added to the efforts of our contributors, means that the Charity benefits from an annual surplus of Newsletter income over expenditure, despite the necessary and relentless increase in print-run as Elmswell has expanded. Currently there are 2,433 magazines delivered directly across the village..**

One of the regular editorial decisions is what we can afford to carry free of charge. Clearly, the news and reports from our many community groups is what makes the magazine what it is. The monthly churn of meetings and events is central to the community service we offer. However, there are regular frequent discussions with extremely worthy causes as to why we cannot print their advertising without payment. We could probably fill the space twice-over with thoroughly praiseworthy individuals and organisations working hard to promote their excellent causes. We could, consequently, go bust in a couple of months.

Occasionally organisations approach seeking a wider audience and their cause seems to have a wide appeal that fits the time and the place – usually taken to be 'now', and 'here'. The Citizens'Advice Bureau is supported every month as it would seem to have a job to do that can be dramatically important across an ever-increasing swathe of life-pressure. This month we were approached by 2 other initiatives which would seem to offer community-wide benefit:

In an age when we still do not realise the catastrophic effects of single use, throwaway consumer goods being tossed aside to create 3<sup>rd</sup> world poison mountains or simply to be dumped and left to break down into the micro-plastic particles which invade our land, seas and bodies, there is a slow movement to address the core issue. Adopting the old mantra of, 'reduce, re-use and recycle (in that order) initiatives have begun such as advertised here. The Stowmarket Repair Café.



**UPCOMING DATES:**

**2024**  
November 10th  
December 8th

**2025**  
January 12th  
February 9th  
March 9th  
April 13th  
May 11th  
June 8th  
July 13th

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Observing that our sophisticated society benefits the many but can leave a substantial few behind, Mid Suffolks Cost of Living Support Team are offering to lead those who struggle in an increasingly digital world to catch up and enjoy the full benefits of their mobile phone or other device. 3 trial dates are fixed at Wesley.

## Want to learn how to use your phone, laptop or tablet?



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Come along with your device to one of our free Friday drop in sessions at Wesley from 10am to 12pm on 1st, 15th or 29th November.






## ELMSWELL ART CLUB

Last month we reported on our Annual Art Show & Sale which took place in September; however, there was a very important message that was omitted from our report which was;

**Many thanks to everyone who helped to make our show a success; this includes all the volunteers who helped to organise and set up the displays, those who looked after our visitors and the Tombola prize draws and, of course, all our members for producing such a fantastic display of art and crafts. Last but not least, a big thank you to the Parish Council Clerk and his team for their support over the two days.**

Apologies for this omission and we hope that everybody involved will forgive this oversight.

Now, on to this month's paintings by some of our members.

The first picture is a fine example of the use of "mixed media" by Pat Quick to produce this fine image of Damson Flies hovering amongst flower seed heads. "Mixed media" describes artwork in which more than one medium or material has been employed: materials used to create mixed media art include, but are not limited to, paint, cloth, paper, wood and "found objects".

Here, Pat has used fluorescent/pearlescent watercolour paint for the insects whilst the seed heads are actual pressed flowers which provide a 3D effect.



The second painting is a watercolour by Jo Hale entitled "Lambretta in Taranto". Taranto is a coastal city in Southern Italy on the Ionian Sea near to "heel" of Italy. Jo used watercolour paints to produce this thought-provoking image.



Our final picture is by one of our newest members, Karen Nicholls, and Karen's painting of a butterfly settled amongst a colourful array of foliage and flowers was produced using watercolour paints, ink and pencil which go together to provide an excellent range of form and detail.

Eddie Douglas



**ELMSWELL ART CLUB MEETS EVERY TUESDAY FROM 09:00 TO 12:00 AT THE WESLEY AND NEW MEMBERS ARE ALWAYS WELCOME.**

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## Our cover picture shows...

Norman, 'Biff', Plumpton, Elmswell's Poppy Appeal organiser, assisted by Hazel, one of his team, receive welcome cups of coffee from Lola at Wesley where he has this year's Appeal display until the Co-op re-opens.



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## ELMSWELL W.I.

Terry opened the meeting, by telling everyone that Jill Newell, our WI advisor and supporter for many years, had passed away. Many of us have fond memories of her. We sang Jerusalem whilst thinking about her.

£113 was raised for Macmillan Cancer, last meeting. Thanks must go to Chris Chugtai for organising it.

Our speakers for the evening were two Reflexologists, Tracy Simpson and Sarah Hanratty, who proceeded to explain the mysteries of their profession. Apparently, there are twenty six bones in the feet and seven thousand nerve endings. They showed us a map of all the nerve endings leading from the feet to all the different parts of the body.

Reflexology is a non invasive, relaxing, complimentary therapy. Hands on massage of the feet, hands, and cranium releases tension and boosts the circulation. Specific pressure points trigger the brain to react, and trained practitioners are able to gauge the health of various parts of the body.

Since 12,000 B.C., Reflexology has been practiced in South America amongst the Incas, China and Ancient Egypt. It disappeared in the West until the late 1800's. It was used to treat pain, during the war. Eunice Ingram, the mother of Reflexology, developed it in the 1930's and this led to the modern practice of the discipline.

Tracy and Sarah gave us a workshop about hand Reflexology and showed us a plan of the hand and foot, which indicated all the different areas affecting bodily systems. What a fascinating evening!

Sally Bywater told us about the Moses Project, a charity supported by her. The money raised is used to help young mothers and children, who are struggling. All the members decided that we shall raise money for this charity during the coming year.

We are looking forward to many future activities, including gin and wine tasting, book clubs, lunch club and of course our Christmas party in December.

*Rosie Collins 01359 241652*

## ELMSWELL EXCHANGE W.I

Mary welcomed everyone to the meeting and introduced our speaker Jane Riches. Jane works for the TSB bank in Stowmarket and spoke to us about fraud awareness. Apparently it is not only older people who are victims of scams but also younger people as they are not always concentrating. If you bank online you will be asked by your bank if you really want to make the payment and many digital devices now ask for facial recognition which is a form of protection for the customer.

A popular scam is to receive a phone call saying it is your bank calling. If any bank contacts a customer they will say which bank they are calling from and give a name. Neither a bank or the police will ever ask a member of the public to help them trap a bank employee or to send money to a P.O. box.

There is now more protection for bank customers if they are victims of a scam although there maybe a £100 excess.

Jane told us the best passwords to use are three random words not birthdays or family names.

It was an interesting and informative talk with many useful pointers and also reassuring to know that we should always ring our bank if we are worried.

The competition was an interesting coin. First was Rachel, second Marguerite and third Jan.

We also held a bring and buy sale during the meeting and raised just over £80. Thank you to everyone that brought items for sale and those that bought items.

Next month our speaker is Mandi Cox-Osborne and her subject is the history of the British Legion and the Poppy appeal.

The competition is a Poppy in any medium.

New members and visitors are always welcome.

*Carol Blissett 242 884*



## ELMSWELL OVER 55'S CLUB

Our last September meeting (26<sup>th</sup>) was enjoyed by all present in the company of "Susie Q" who had made the journey from over the border from Norfolk to entertain us i am sure that she will return and join us again ,sorry no photo as our regular camera man was sick.

Due to very bad weather on October 10<sup>th</sup> we only had about 50% of our members turn out for the Bingo Evening when those present had the chance of winning a share of prize fund over 6 games with a final Jackpot game of £72 awaiting a luck winner

By the time you read this report will have had a return by Gwyn Pritchard hopefully with a photo.

With Hot Dogs and Bingo featured on November 7<sup>th</sup> it will take us on to November 21<sup>st</sup> when Brian Mann is due to pay us a visit with music to suit all tastes commencing at 7.00pm visitors welcome

We wrap up our meetings on December 5<sup>th</sup> with a visit from Norton Salvation Army for a concert by the Band and Songsters which will start at approx 7 30pm.please join us

On December 14<sup>th</sup> we will be having our Christmas Party which will be in the form of a Buffett Supper in place of our usual sit down meal with entertainment by Susan Jayne .

The club will then have a break until sometime in February 2025.

*Diann 241002*





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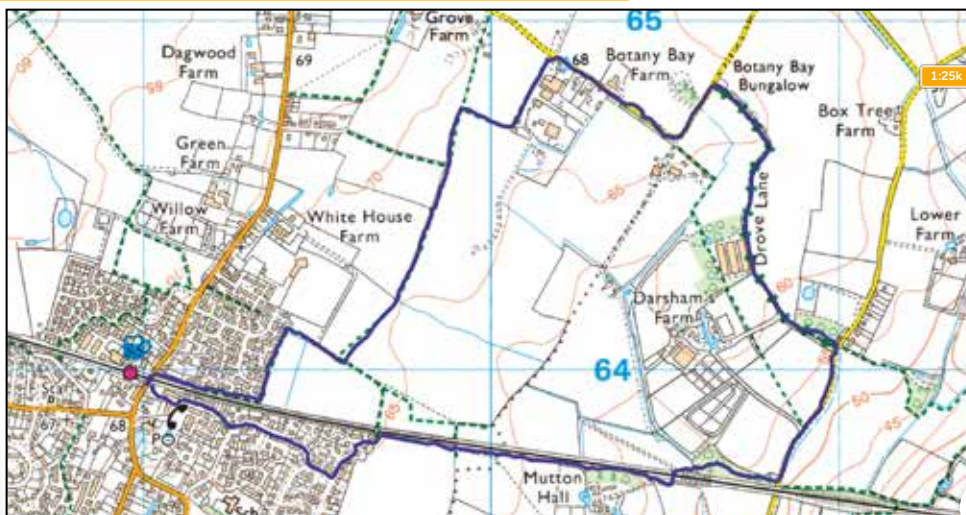
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## ELMSWELL FOOTPATH WALK Sunday 13<sup>th</sup> October 2024

A pleasant autumnal morning attracted a group of excited ramblers to Crown Mill with expectations of a cordial stroll around the byways of Elmswell.

The previous day's constant rainfall and the prospect of claggy underfoot conditions left the party undaunted. The familiarity of FP10 beckoned and we followed the well trodden path past the pharmacy, alongside the railway and hence northwards on to Long Gilbert's Road.



A right here took us a short way along FP9 followed by a left on to FP6 heading northeast with the Blackburne to our left. The noise of Elmswell youth enjoying their Sunday morning football was much in evidence.

Veering slightly west of north east over the first footbridge we carried on across the open field which, despite the previous day's rain, offered no real problems in crossing.

Passing FP7 to our left and over the second footbridge we turned right on to FP5 and hence on to Grove Lane which we followed for 600m passing Botany Bay Farm and arriving at Botany Bay Bungalow (Formerly Drove Lodge)

A right here took us on to Drove Lane and into the Parish of Wetherden.

Drove Lane is designated as BY54 and is a byway open to all traffic (BOAT).

We meandered along BY54 emerging on to Ashfield Road at Darsham's Farm Cottage where we turned right.

Now heading southish we turned right into Mutton Hall just before the railway bridge and strolled through the dappled autumnal sunshine in the copse running adjacent to the railway line.

Our route took us left under the railway arch then right as we continued along the pleasant track which opened out into the sheep grazing meadows.

Ever westwards we wound our way back into the Parish of Elmswell, past Lord's Bridge and home to Crown Mill.



An walk of 3.86 miles in 1 hour and 34 minutes (an average speed of 2.5 miles per hour)

Peter Hancock, EPC Footpath Officer

## NOVEMBER'S FOOTPATH WALK WILL BE ON SUNDAY 10th NOVEMBER



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### CORRECTION

### Freddie Montgomery

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**SATURDAY 9<sup>th</sup> NOVEMBER**

AT HANOVER COURT

Between 10.00am and 1.00pm

when she is happy to chat over tea and cake

Enquiries to

Samantha Boulton

Samantha.Boulton@anchor.org.uk



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## CLUBS & SOCIETIES

### ELMSWELL

#### HISTORY GROUP

**B**arbara McElroy's Oct talk on *Framlingham* gave us some fascinating facts and figures of the castle's 1,000-year history and the effect that it had on the town itself. The first of three castles was Anglo-Saxon (similar to buildings at West Stow Village) with a small church (the current car park), and where the first royal, King Edmund, took refuge from the Danes before he came to his sad end in Hoxne. Some time later, the first of the six(!) Barons Roger Bigod built a wooden more substantial castle and took on its stewardship.




In Nov 1120, the French vessel "White Ship" (carrying the heir to the English throne with many nobles) sank in The Channel returning from France and, as there was only one survivor (a butcher from Rouen), there remained no royal heirs which further led to many barons vying for power. Thereafter, the castle changed ownership many times between the Crown and various Lords/Nobles. Henry II took the castle from Bigod in 1137, knocked down most of the Anglo-Saxon town to build a stone castle and the 600-acre Framlingham Great Park of oak trees for hunting, and some of the trees were used to build royal ships, probably near Woodbridge. In 1284, the town was awarded a Charter to hold a weekly market, which still thrives today. One notable very wealthy owner of the castle, and grand-daughter of King Edward I, was Lady Margaret Brotherton (1320-1399) who inherited it in 1382 on the death of her second husband, and she made extensive improvements. The youngest Brotherton girl was betrothed to one of the ill-fated Princes in the



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Tower, and we all know how that ended. Thomas Howard, uncle of two of Henry VIII's wives, Anne Boleyn and Catherine Howard, later to become the first Duke of Norfolk, was gifted the castle by the King. After the death of the third Duke of Norfolk who never lived in the castle, it returned to the Crown, and Mary Tudor was proclaimed Queen there when she

fled to the castle with about 35,000 followers (at a time when the town's population was in the mere hundreds!), then Queen Elizabeth I used the castle as a prison in 1600. Sir Robert Hitcham bought the castle in 1635 for £14,000 (equivalent to several millions today), established almshouses within the grounds for the "deserving" poor, and left a fairly complicated will when he died which left most of his monies to Cambridge's Pembroke College (which still owns much of Framlingham today) with a stipulation to educate the children of the town, eventually resulting in three local schools being established in 1654. For many years, the castle was allowed to deteriorate until, in 1913, it was taken over by the Ministry of Public Works and used in WW1 for military training (Lord Kitchener lived nearby), subsequently

the Royal Engineers and Home Guard were stationed there in WW2. English Heritage are now the custodians of the castle, have made many improvements, including a superb local museum and café within the castle grounds, so well worth a visit. Of course, perhaps the most famous current resident of Framlingham is the singer/songwriter Ed Sheeran.



### FROM THE ARCHIVE, 23<sup>rd</sup> Nov 1903.

On this day, electric trams came into public service in Ipswich, replacing horse-drawn trams. They ran on tracks and had over-head cables. The tram depot was located in Constantine Road and was used for trams until July 1926, after which the depot was used for trolleybuses (remember those?) which ran in Ipswich from 1923 to 1963. The first four passengers in 1903 (a labourer and three from the *East Anglian* newspaper) got on at Whitton, heading for the Griffin in Bath Street; a connection also ran to the GER river steamer via the spur along Bath Street. Although it was only 5.30am, the tram driver clanged the bell as they went, and people came out of their houses in their nightwear to have a look. Within a year, Ipswich had routes operating all over town and had 36 double-deckers in service, all in their livery of dark green and cream (examples of which are now in the Ipswich Transport Museum, which some members hope to visit soon). Each tram had room downstairs for 26 passengers and 24 'on top'. The top deck was open to the elements as the Board of Trade did not allow covered-over carriages on the upper deck on narrow gauge track and, at 3ft 6ins, the Ipswich gauge was one of the narrowest in the country.

(Ipswich: An A to Z of Local History, Robert Malster)



Our next talk at the Wesley Hall, 7.30pm on **14<sup>th</sup> November**, will be Andrew Peachey's eagerly-awaited talk



**"Archaeology on Anglia One's Cable Route"**. The construction of a new wind farm off the Suffolk coast required a new connection to the National Grid. The installation of these cables necessitated a 40km-long corridor to be opened through the east Suffolk landscape, before the fields could be restored. This allowed archaeologists an exceptional opportunity to view the layers of past landscapes, from the earliest Neolithic settlers whose activities were far more monumental than agricultural, to Bronze Age roundhouses and domestic craft, Roman farmsteads, and the final Saxon halls before medieval villages were established. This narrative comes with an array of enlightening and surprising artefacts. Andrew has been an archaeologist in East Anglia for over 20 years, specialising in the analysis of prehistoric and Roman artefacts to interpret consumption patterns that may inform our understanding of technology, economy, diets and belief. Do join us then to find out much more.

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**Elmswell  
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For further information about our History Group, please visit our website –

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## WE CAN DO IT!

Up to now, the volunteers have put in hundreds of hours of work building up to the first real crunch point. The whole project could have needed a serious re-think if the estimates from the builders who are keen to take the job on had been beyond our means. From 11 original Expressions of Interest, 3 suitably qualified local contractors were selected and invited to submit a Tender bid. A detailed Tender package had gone to all 3. Any queries had been put in writing and copied, with the written responses, to all of them. Level playing field. Bang on schedule, the 3 sealed hard copy documents were opened in the presence of the Council Chairman, Vice chairman and Clerk. Result? We can do it. Allowing for refinements and add-ons and confirmation of details the prices provide a base level there seems no doubt that the project can be funded. More hours of work will go into conditioning the bids towards being able to make a fair like-for-like comparison and the selection of the contractor. That work is well under way

## WHEN WILL WE START TO DO IT?

The signing of the RIBA Concise Building Contract binds the Council and the Contractor into what is to be done and how. This will include the setting of 2 dates - a start and an estimated finish.

## SO WE JUST SIT BACK AND WAIT?

No. The Working Party derived from the original Community Benefit Society Management Committee will meet once the Contract is signed when Members will be in a position to discuss how our new facility will be fitted-out and managed. Their recommendations will be fed back to Council for ratification and action.

## HOW ARE WE WITH THE GLASS TEST?

### Glass half-empty brigade

More smoke & mirrors. It won't happen. How come the Co-op is refitted in 3 weeks and this lot can't organise a simple pub refurbishment job in as many years? It's a scheme set to fail so that the site can be sold off at a profit. Wesley was a flash-in-the-pan ...they can't repeat that success...hopeless lot!

**Glass half-full faithful** Getting there!



Wesley - a flash in the pan?



Tavern- on the way?



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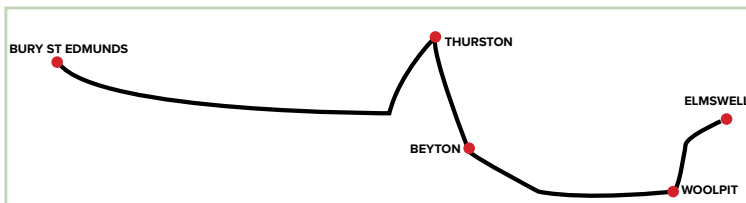
## BOOK

- Two days in advance
- Talk to Ann or Lucy on **01359 244134** between 8.00am and 4.00pm weekdays
- Or call in to the Parish Council office at Blackbourne
- Or email [clerk@elmswell.suffolk.gov.uk](mailto:clerk@elmswell.suffolk.gov.uk)

## PAY

- Over the 'phone by card
- By BACS
- By cash at the office or at Wesley

**FROM  
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RETURN  
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## CITIZENS ADVICE

Everywhere I look I see adverts for upcoming sales - Black Friday and Cyber Monday 'deals' are jumping out at me from all directions. Some of the prices seem too good to be true - how can I be sure I really am getting a good deal and not being scammed?

You're not the only one eager to bag a bargain. The busiest shopping time of the year is also a busy time for cyber criminals who use the spike in spending to disguise their scams as legitimate shopping sites.

Fraudsters are also taking advantage of AI advances to help them produce accurate and professional-looking content to trick victims into giving away their financial details.

It sounds like you're aware there are risks when buying online and that scammers will try to tempt consumers with special offers, fake reviews and sought-after items at rock bottom prices. The good news is there are ways you can protect yourself and shop safely.

Here are five tips to make sure you don't end up with more, or less, than you bargained for during this busy shopping season.

- Make sure you don't feel rushed. Scammers will often create a sense of urgency by claiming it's a limited offer or price which encourages you to act without taking as much time to consider the purchase.
- Know who you are buying from – if buying from a company you have not used before, check reviews and previous customers' feedback. If in doubt, don't buy.
- Be wary of suspicious web links. These may direct you to fake (but realistic-looking) websites. It is better to type in the website address yourself.
- Don't share any one-time codes that you're sent when shopping online. These codes are used to confirm that you're the one making the purchase, so don't share them with anyone.
- Avoid paying anyone you don't know by bank transfer. Paying by credit card for single items costing £100 and over gives you legal protection if the goods do not arrive, are faulty, or do not match the description. Paying by credit or with debit card for orders costing less than £100 also gives you protection using your card provider's voluntary 'Chargeback' scheme.

If you're worried that something you've seen online might be a scam, you can contact the Citizens Advice Consumer line by calling 0808 223 1133 or visit <https://www.citizensadvice.org.uk/consumer> for more information

**Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships.**

**You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us). Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.**

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advice**

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Hello Elmswell,

**W**e are going to have a new Storytime / Rhymetime session run by Moss at 2.30pm on Thursday afternoons. Come in and listen to a story and join in some nursery rhymes every week.

These sessions are free to attend and no booking so you can just come in and join.

We are going to start a Pokémon Club for kids to come in and play Pokémon cards in the library at 10.30am on the first Saturday of the month starting on Saturday 2<sup>nd</sup> November. Bring along your cards and start playing. On the first session we are giving out Twilight Masquerade fun packs and a Pokémon storybook where you insert cards to make your own story.

Suffolk Libraries have launched the Warm Welcome campaign. Anyone is welcome to visit our libraries to find help and support. Our libraries have always been warm spaces where you can come and relax with no expectation to spend money or join in with activities. Our staff are always available if you need to speak to someone and be signposted to other resources.

Our libraries offer free WiFi and computer access, free period products, free events and activities for all ages, and free books, including our extensive eLibrary services. During these cold months, you can also

visit the library to enjoy a free hot drink and charge your devices.

The display theme for November is Autumn. The books are all sorts of genres but about something that happens in autumn. There are crimes and thrillers, romance, historical fiction and general fiction stories for you to enjoy.

We will also be getting our Christmas stock out on display so you can start getting into the festive spirit once Halloween and Guy Fawkes night is out of the way. This will include our Christmas stock of junior books too so look out for them in our children's library.

We are able to offer the range of books, activities, newspapers, computer access, in part donations to Suffolk Libraries. If you are able to, please consider donating to Suffolk Libraries. You can donate via <https://www.suffolklibraries.co.uk/support-us>

See you in the library soon,

*Miles*

## What's on at Elmswell Library?

### Story Time

1.10pm – 1.30pm every Tuesday (except 1st one of the month)

9.10am – 9.30am every 1st Tuesday

2.30pm – 3pm every Thursday

### Sunday Crafts

1pm – 2pm every Sunday (Origami 10th and 24th November)

### Lego Club

Every Sunday 11am – 12noon

### The Keep in Touch Community Café

10.30am on Wednesday 20th November at the Wesley Café (every 3rd Wednesday)

### Catch Up In The Library

11am fortnightly on Thursdays (14th and 28th November)



## Opening times

Monday:	Closed
Tuesday:	10am – 1pm and 2pm – 7pm
Wednesday:	2pm – 5pm
Thursday:	10am – 1pm and 2pm – 7pm
Friday:	2pm – 5pm
Saturday:	10am – 1pm
Sunday:	10am – 3pm

# Want to learn how to use your phone, laptop or tablet?

We can help. Come along with your device to one of our free Friday drop in sessions at Wesley from 10am to 12pm on 1<sup>st</sup>, 15<sup>th</sup> or 29<sup>th</sup> November.





## ST JOHN'S CHURCH

### Greetings from St John's Church

October was another busy and enjoyable month at St John's. The month began with our annual Harvest Festival - a family service that celebrated God's provision to us all. Donations were gratefully received for local foodbanks and an enjoyable Harvest lunch followed.

There was another food-based event the following Sunday afternoon. Over 30 people from our young families gathered to spend time getting to know each other and to eat hot dogs and cakes. The children had a lovely time, enjoying a range of games and crafts. I think some of them would have happily stayed well into the evening!

At the end of the month, a Saturday morning was put aside to tidy the churchyard and do some extra cleaning and maintenance inside the church ... and, of course, to enjoy coffee and refreshments.

Our Sunday School at St John's have been following the stories of King David in the Bible. The children love hearing from the Bible and do all sorts of related craft.

November is another busy and exciting month. On Saturday 2 November at 3:00pm, we are holding a special event called *A Time To Remember & A Time To Give Thanks* at St John's. This short service marks the passing of loved ones and honours their memory. The service includes readings, hymns, the reading out of the names of those we are remembering, and the lighting of candles. The service is followed by some refreshments. All those who have

faced bereavement are invited to attend. The following Sunday is Remembrance Sunday, which will include the last post and 2 minutes of silence.

On the social side, do come along on Friday 8 November for an evening of musical entertainment, including the band Nutz 'n' Boltz, who always give a great performance. Just turn up with a donation. Then, on Saturday 16 November, we are planning a Men's Breakfast in the Church Room - the full works, as usual.

All are welcome at St John's - do pop along on Sundays at 10:30am or get in touch (details below). You can also watch most of our services online via our web site, YouTube or Facebook (links are below).

### Upcoming Dates:

- Sat 2 Nov**  
3:00pm Time To Remember Service
- Sun 3 Nov**  
9:00am Holy Communion
- Sun 3 Nov**  
10:30am Family Service with baptism
- Fri 8 Nov**  
7:30pm Nutz 'n' Boltz and friends concert
- Sun 10 Nov**  
9:00am Holy Communion
- Sun 10 Nov**  
10:30am Remembrance Sunday
- Mon 11 Nov**  
10:50am Short act of Remembrance & silence
- Sat 16 Nov**  
8:30am Men's Breakfast

**Sun 17 Nov**  
10:30am Sunday Worship

**Sun 24 Nov**  
10:30am Holy Communion

### Every Saturday:

9:00am Weekly prayer meeting online (see website for details)

Rector: Peter Goodridge,  
elmswellrector@gmail.com  
(01359 240512)

Web site: [www.stjohnselmswell.org.uk](http://www.stjohnselmswell.org.uk)

Facebook:  
[www.facebook.com/stjohnselmswell](http://www.facebook.com/stjohnselmswell)

YouTube:  
[www.youtube.com/@stjohnselmswell](http://www.youtube.com/@stjohnselmswell)



## ST. JOHN'S CHURCH TOWER

### FLOODLIGHTING

As always, everyone is welcome to sponsor the floodlighting of St. John's, a lovely way to commemorate a personal event, an anniversary, or any other special occasion. Alternatively, you can simply make a donation. And it all helps to pay the ever-increasing day-to-day running expenses of our parish church.

A night's floodlighting costs £5. Cheques payable please to "ST. JOHN'S CHURCH, ELMSWELL".

For the winter months the lights will be on between 6.00 p.m. and midnight.

Please note the deadline for inclusion in the December Newsletter is Monday 25<sup>th</sup> November.

Your support is much appreciated. Thank You.

### OCTOBER 2024 SPONSORSHIP NOT PREVIOUSLY ACKNOWLEDGED

31 in loving memory of Nick Smith.

### NOVEMBER 2024 SPONSORSHIPS

1 in memory of Jim Baker (1933-2009), on the anniversary of his death.





- 2 for 'My Annie'.  
We miss you so much my darling -  
the brightest star in the sky.  
Mummy, Becky, Lisey and Zak.  
xxxx.
- 3 Jones. In loving memory of Peter  
on the first anniversary of his death.  
"Lots of love". Megan, Sharon,  
Gareth and families.
- 5 treasured memories  
of Matthew J. Pollen.  
"God Bless our dear Son and  
Brother". Mum, Dad & Glenda. xxx.
- 6 in loving memory of  
Dorothy May Nunn.
- 10 Remembrance Sunday.
- 11 FOR THOSE LOST AT SEA IN  
CONFLICT OF WARS  
I cannot bend beside his grave  
for he sleeps in a secret sea  
And not one gentle whispering  
wave will tell the place to me.  
But though unseen through human  
eyes and humans know it not  
His father knoweth where he lies  
and Angels guard the spot.  
- from Joan Catchpole
- 12 in loving memory of  
Thomas Henry Manning.
- 12 cherished memories of  
David on his 3rd Anniversary.  
Remembered with love, from  
Brenda, Richard, Graham, Joe &  
Olivia.
- 13 in loving memory of  
Natasha Smith on her Birthday.
- 15 David Handyside - remembered  
with so much love, forever in our  
hearts. "God Bless".
- 17 to remember and thank all those  
past Elmswell Fire-Fighters who  
served their village and community  
so well.
- 21 in loving memory of  
a dear sister, Margery Bendall.  
"Remembered with love".  
From Audrey, John & family.
- 21 in loving memory of my beloved  
husband Mike, miss you every  
minute of the day. Always loved,  
always remembered, forever in our  
hearts.  
Love, your family and your Hev.
- 26 in loving memory of a dear Mum,  
Margery Cammell. "Always in our  
thoughts".  
From Audrey, John & family.
- 28 in memory of Evelyn Clark.

**All bookings / payments please to :-  
Trevor Sadler, Abbots Warren,  
Church Road, Elmswell, IP30 9DU  
(Tel: 240908).**



## CATHOLIC PARISH OF OUR LADY, STOWMARKET

**Parish Priest:**  
Rev. Simon Leworthy,  
The Presbytery, 29 Lockington Road,  
Stowmarket, IP14 1BQ  
Tel: 01449-612946  
E-mail: pp@ourladystowmarket.org.uk

**MASS TIMES:**  
**Saturday (First Mass of Sunday) – 6pm**  
St Mary's C of E Church, Woolpit IP30  
9QG

**Sundays – 8.30am & 10.15am**  
Our Lady's, Stricklands Road,  
Stowmarket IP14 1AW

**Holy Days – 10am & 7.30pm**  
Our Lady's Strickland Road Stowmarket

Weekday Mass is usually 10am, see the  
weekly Newsletter or the Parish Website  
– [www.ourladystowmarket.org.uk](http://www.ourladystowmarket.org.uk)

All are welcome to "Coffee and Chat",  
2 – 4pm on the 2nd and 4th Thursday of  
the month. This is held in the Parish Hall  
above the Church – a lift is available.



## ELMSWELL BAPTIST CHURCH

October saw the anniversary of the  
start of the war in the Middle East I  
don't want to comment on the rights and  
wrongs of the situation only to express  
our sadness at the loss of life both  
Palestinian and Israeli and pray that the  
conflict will soon end and peace will be  
restored. Conflict around the world is a

constant subject of our prayers when we  
meet on Sundays and at our midweek  
bible study meeting, where we are  
currently working through John's gospel.  
Something that is on every news  
bulletin at the moment is the American  
Presidential election, why I often wonder  
do we have to hear about all the sniping  
and backbiting that goes on during their  
campaigning, I just hope that the right  
person will be elected and pressure can  
be exerted on the leaders in the Middle  
East to end the conflict.

Here at home our activities continue on  
the 4<sup>th</sup> November our Ladies Friendship  
Group meet at 2.00pm at the church  
to hear from Stephen Moody about  
Christmas Traditions remember all  
ladies are welcome there is no charge or  
pressure to attend any of our services  
please contact Margaret on 01359  
241541 for any more information you  
need.

At midday on Thursday 14<sup>th</sup> November  
our Food and Friends lunch takes place  
contact Jackie if you would like to join us  
we aim to cater for the older folk of the  
village and surrounding area we just ask  
for a donation to cover the cost again no  
pressure to attend any of our services  
but remember all are welcome, contact  
Jackie on 01359 245918 if you've not  
been before to ensure we have a place  
for you.

Our 10.30am Sunday Services during  
November will be led by:-

**3rd November**  
Rev Norman Tharby (inc Communion)

**10th November**  
Rev Norman Tharby

**17th November**  
Martin Lancaster

**24th November**  
Paul Kemp

**1st December**  
Rev Robert Green

For any more information about our  
activities please contact Tony on  
01359241541 or go to our website  
[www.elmswellbaptist.org.uk](http://www.elmswellbaptist.org.uk)

or just come to our  
Sunday service at  
10.30 at the church  
on Ashfield Road  
where you will  
receive a warm  
welcome.



Dave



*WESLEY Coffee Shop...*

*where you are warm and welcome*

**Weekdays 9.00 – 4.00,  
Saturdays 9.30 – 4.00**



# WINTER FUEL ALLOWANCE

Each year the Trustees of the Elmswell Poor's Land Charity that has been doing its duty since 1898 meet to discuss the application of its investment income, 'for the benefit of the most deserving and necessitous resident in the parish of Elmswell'.

This year's invitation to apply to receive the Christmas gift of Co-op food vouchers is on the facing page.

However, Trustees are aware of the possible extra burden this year as changes to the Government's Winter Fuel Payment mean that help with fuel bills over this winter will be paid only to pensioners getting Pension Credit or other qualifying benefits.

This can get complicated!

The easy bit is that, if you qualify, you will get a letter in October or November telling you how much you will get.

If you're not sure whether or not you are eligible, you can check on line at [www.gov.uk/pension-credit-calculator](http://www.gov.uk/pension-credit-calculator)

**IF YOU CAN'T CHECK ON LINE HELP IS AT HAND:**

The Trustees have agreed to work with the Parish Council to make it just a phone call away;

ring **Lucy or Ann at the Council office on 244134.**

They can make the enquiry for you and help to make a claim if necessary.

**PLEASE NOTE.** – Applications to receive a Christmas gift from the Poor's Land Charity are open to anyone experiencing hardship, not just those of pensionable age.





# ELMSWELL POOR'S LAND CHARITY – APPLICATION FOR CHRISTMAS GIFT 2024

The Elmswell Poor's Land Charity is pleased to issue a Christmas Monetary Gift to residents, irrespective of age, who have lived in the village continuously for the last 3 years or more and who are experiencing particular hardship. Last year's successful applicants received Co-op vouchers to the value of £125.00, usable in any East of England Co-operative Group food store. It is hoped to increase the value of this year's gift but funds are not unlimited. Therefore early application is advised. Determination of relative hardship will be the sole discretion of the Trustees.

This year the gift will again be in the form of Co-op gift vouchers. Individual or multiple vouchers of fixed value may be used for in-store purchases in full or part payment for goods (excluding lottery, fuel or third party concession products or services) at any time whilst the vouchers are valid. No change can be given; neither can vouchers be exchanged for cash. At present, vouchers cannot be used to shop online.

**If you are eligible and wish to apply, please complete the form below and send to Elmswell Poor's Land Charity, c/o The Rectory, Church Road, Elmswell IP30 9DY by 1<sup>st</sup> December 2024**

### Please Note

- Only one application per household
- All information given is held in confidence

Name: .....

Address: .....

Have you lived in Elmswell continuously for the last 3 years? YES / NO

Please provide as much details as you can of the hardship you are experiencing. For example, elderly applicants may be eligible for if not already in receipt of pension credit. Younger applicants might have recently become unemployed and have mortgage or rent arrears. Please be prepared to explain how you will be able to prove this information if necessary.

.....

.....

.....

.....

Signed: .....

Date: .....



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Tel: 01359 242555 email: elmswell@travel-stop.co.uk

The office is open for walk-ins and appointments on Thursdays and 9am to 5:30pm for phone and email enquiries Monday to Saturday.



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SJP Approved 29/04/2024



## NEWS FROM ELMSWILD

### ElmsWild Crafty Christmas, Saturday 23<sup>rd</sup> November

It's November and that means chilly mornings, darker evenings, holly berries on the trees – and starting to think about Christmas!

We took a break last year to concentrate on hedge planting at the Blackbourne, but this year ElmsWild Crafty Christmas is back! Once again we're offering the chance to make your own Christmas gifts and decorations, using natural materials from our own woodland. You can make some lovely wreaths using colourful berries, leaves and cones, and each one is your own unique creation. These decorations are truly green as once the festivities are over all the vegetation can be put on the compost, leaving the willow hoop to make another beautiful wreath next year! We have lots of other Christmas craft ideas, too – snowmen, snowy owls, Christmas trees, reindeer, stars. We will provide all the tools and materials and will be on hand to help with the making.

As well as having a go at making your own decorations, there will be an opportunity to buy some of the products we've made from Lukeswood – decorations for your home, nature-inspired gifts and some unusual stocking fillers!

Do come and join us at **Wesley Coffee Shop on Saturday 23<sup>rd</sup> November, 10.00-12.30**. Fun and good cheer for all ages – drop in any time. Or if you are meeting up for a coffee at Wesley, just come and give us a look. If you only have a few minutes to spare, come and browse our sale table for ready-made wreaths, decorations and gifts.

Free admission – donations welcome.

A great way to start getting into the Christmas spirit!



Mary Feeney  
info@elmswild.org.uk



ElmsWild

Crafty

Christmas

Natural gifts and decorations to buy plus some to make yourself.

All ages welcome.



Saturday 23<sup>rd</sup>

November

10.00-12.30

Wesley  
Coffee Shop

Free admission



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## FIREWORK WORDSEARCH



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A	S	O	F	I	T	L	S	N	K	J	E	H
N	H	J	O	A	A	X	M	G	B	X	W	C
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U	M	Z	S	I	C	K	K	R	E	F	R	I
B	O	N	F	I	R	E	E	R	E	W	K	Q
S	D	F	U	S	E	H	G	S	D	X	S	L
Z	I	T	R	P	I	O	E	T	R	A	O	J
S	P	A	R	K	L	E	R	T	C	A	O	I
P	S	C	V	O	A	P	R	O	C	K	E	T

FIREWORKS GUNPOWDER GUYFAWKES  
 SPARKLER ROCKET BANGER BONFIRE  
 ROMAN CANDLE FUSE SMOKE

## Firework Night Safety!

- Always stay a safe distance away from the bonfire and fireworks! Ask your adult where it's safe to be.
- Always hold sparklers at arm's length and wear gloves when handling them.
- Once sparklers are out, make sure you put them in a bucket of water.

## COLOUR IN THE BONFIRE

What colours will you use?



### Firework Craft Ideas:

You will need:

- Cardboard
- Pipe cleaners
- Coloured paper
- Coloured pens
- Glue or sticky tape
- Glitter

### For the craft -

You will need to:

1. Roll a piece of cardboard into a tunnel shape
2. Decorate how you wish! Make it sparkle like a firework!
3. Twist and bend your pipe cleaners, then attach these inside one side of your firework.
4. Leave to dry, and then your firework will be ready!



# ELMSWELL FOOTBALL CLUB



**ELMSWELL FC HOME GAMES**

02/11 - 2:00pm    Elmswell Res v Bramford Utd

23/11 - 2:00pm    Elmswell v Redgrave Rangers

**AT THE BLACKBOURNE COMMUNITY CENTRE**



## FIRST TEAM REPORT

First up this month, Wickham Market F.C Reserves, who had already given up two games this season likely due to a lack of availability. Their lowly league position gave no indication of what to expect, but a resilient defence and "super sweepers" Day & Chandler kept any threat at bay. A first half smash from Reeve had the Elm a goal up at HT. Further sustained pressure in the second half, enjoying success from more direct play, two quick fire goals from Reeve & Dinley and the win was in our grasp. A late goal with a header from a long throw-in proved nothing more than a consolation for Wickham. Shout outs to young Warburton for a superb performance at RB, advanced playmaker skills from Chaplin and excellent hold up play from Welch. Final score 1-3 to Elmswell.

Redgrave Rangers away. Second plays third place in Div.2. A below par performance against a weakened side. MOTM Matt McComb.

Framlingham A at home. A slow start to the game for all. 15 mins in a good passing pattern and Hayden could have scored but straight at the keeper. Not long after, a lovely ball from Newton down the line, Dinley with the cross and Hayden back post for 1-0. Shortly after we made it two. Lovely quick passing for Hughes to finish off. A header from Bellamy made it 3-0 at HT. The second half wasn't as good but midway through Gibbs went on a solo run and finished well. Fram' pulled one back but McComb replied with a towering header for 5-1. Ref gave a ridiculous pen against us. 5-2 FT

*Tom Morgan & Sean Talman*



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## RESERVES REPORT

Woolverstone Reserves were relegated back to Div 4 last season and were our next opponents. They are a sizable and experienced team; the best we have played so far this season. They edged the first half probably but a well taken goal from MOTM Ben Green after a slick move down the left saw us go in 1-1 at half time. We were not playing the passing game of the last few matches but still looked dangerous getting in behind them on the break. Gidney came on at half time to add pace up top. He leapt well to head home Mark's cross at the near post to put us in front. Some stout defending and game management kept us in the game until Mark secured the 3 points. The visitors hit the woodwork twice but we also could have had a few more with a little more luck. 3-1 to The Elm.



Coplestonians Reserves in the League Cup. Beaten by a better side. Losing to a Div.2 team in the Cup is nothing to be ashamed of. The boys' attitude and effort was great throughout. A few soft goals and a few leggy goals towards the end and we didn't take our half chances but if we play like that against division.5 opposition we'll be fine. MOTM Ben Green

Cockfield Reserves in the Primary Cup. A game of two halves on Cockfield green. We made a great start. Hayden winning a penalty early on for Bellamy to convert with aplomb. A second ball in the net was controversially ruled offside. Bellamy made it 2-0 curling in from outside the box. A second controversial decision, in our favour this time, our left back slid in to clear the ball off our goal line with Cockfield up in arms that it was over the line. In the second half an early keeping error allowed Hayden to make it 3-0. But Cockfield didn't roll over instead fighting on in the rain to pull it back to 3-2. Elmswell showed grit to hold on and see the game out. MOTM Edmonds.



First league defeat for The Reserves. We took a depleted squad to face a tough Benhall side. Sickness and injuries didn't help. Benhall were the better side on the day but we didn't do ourselves many favours. 3-1 down at half time the lads battled on and kept it to 4-1. Tom Welch scored our goal from the spot. MOTM Proctor / Ramsey.

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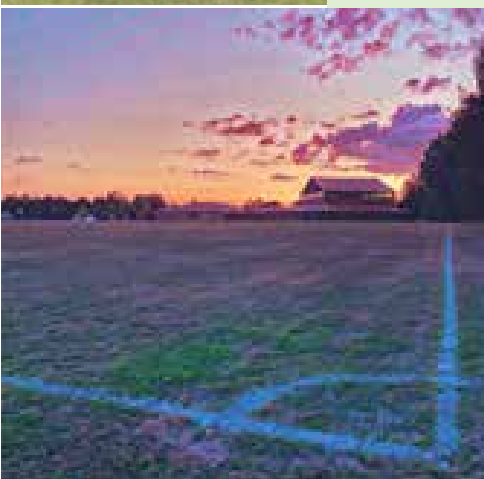
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# NEWS FROM YOUR DISTRICT COUNCILLORS

## Woolpit – Elmswell Community Path:

Work towards this path is ongoing and plans have now been drawn up for the proposed route behind Elmswell Church, down to the A1088 roundabout and over the A14. Suffolk County Council is currently actively exploring sources of funding, and a progress meeting is due to be scheduled for November.

## Taxi Bus:

An innovative new transport service – “The Mid Suffolk Taxi Bus” – is being launched on 1<sup>st</sup> November. It will be delivered by Swift Taxi Cabs, with funding from a Mid Suffolk District Council Rural Transport Grant. The service will link various villages, including Haughley, Wetherden, Elmswell and Woolpit, with Stowmarket. More information is available at [www.suffolktaxibus.com](http://www.suffolktaxibus.com).

## Future waste collection services:

MSDC have now agreed how they will adapt their waste collection service in line with the new Government regulations. From 2025 there will be weekly kerbside food waste collections – each household will be provided with a food waste bin for collection as well as a caddy to use in the kitchen. This will reduce the amount of waste in the black bins, and from 2026 we will move to a twin-stream recycling where each household will have 2 recycling bins (one for card and paper, the other for

plastic, glass and cartons) and a black bin. These will be collected on a 3-week basis. This model has already been adopted across the country by various councils of all political parties, with significant success.

## Abandonment of Suffolk Devolution Deal:

The original plans for the Suffolk Devolution (including the directly elected leader of Suffolk County Council) have been abandoned by national Government. Further talks are ongoing about a potential replacement.

## Locality Grants available:

Reminder to contact Jen or Sarah if you are looking for a grant to help your community project. We still have funds available between now and February for the 2024-2025 period, with the next grant season then due to open in June '25. Minimum grant size is £250. Your County Councillor Andy Mellen has funding available for minor highways works and a separate fund to support community groups.

## Monthly drop-ins:

Jen and Sarah continue to hold monthly drop-in sessions, alternating between Elmswell and Woolpit, when we are pleased to meet with residents who wish to speak with us. County Councillor Andy Mellen also joins us when he can. We will not be meeting in December. The next date will be:

**Tuesday 26<sup>th</sup> November 10-12  
at The Wesley Café, Elmswell.**



## District Councillors for Elmswell and Woolpit:

Councillor Sarah Mansel	07860 829517	<a href="mailto:sarah.mansel@midsuffolk.gov.uk">sarah.mansel@midsuffolk.gov.uk</a>
Councillor Jen Overett	07928 512591	<a href="mailto:jen.overett@midsuffolk.gov.uk">jen.overett@midsuffolk.gov.uk</a>

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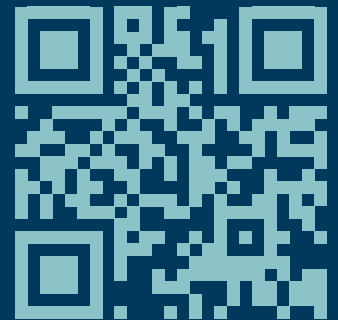
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Mark Edwards, Rob Dann and Chris Edmonds receiving their trophies from President, Dick Burch. Rather than cramp photos in, I will bring you further trophy winners next month. Take care.

## ELMSWELL FOX BOWLS CLUB

The Bowls season is well and truly over now and Dick Burch has done everything to the green that he had planned to do before winter set in. He has spiked it and scarified it several times and had his team of maintenance staff seed it and top-dress it, which sounds a lot easier than it actually is by the way, in order to give us the best possible playing surface for next year. Our thanks go to the Parish Council, who funded the exercise, without whom we would struggle to exist. We are well into the football season which presents us with another problem. We often find footballs on the green, which, during the season when we are there most days, is not a great problem as their owners can retrieve them. During the close season,

visits to the green are rare and a ball can lay there from one brown bin collection to the next. The first sensible step would be not to play near the green in the first place, but, if space is so confined, either write your telephone number on your football or call me on the number below. Footballs do no harm to the green but ensuring they are returned to their rightful owners is a problem. My generation can't believe how casually footballs are treated these days. When I was young, a football was a treasured possession and nowadays one sees them abandoned everywhere.

Following on from last month's photos of our club trophies, I want to show you the individual winners of our in-house competitions.

The 4-wood singles trophy was won by Rob Dann and the runner-up was Jenny Murray. The 2-wood singles trophy was won by Mark Edwards and the runner-up was Linda Vince. The handicap trophy was won by Chris Edmonds and the runner-up was Mark Edwards. The pairs trophy was won by Jenny Murray and Jess Hudson: runners-up were Rob Dann and Pete Edmonds

Peter Edmonds,  
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# WESLEY UKELE BAND



This last month started with a return to the Time Out Club at Fornham All Saints. Once again, the guests sang and banged along with us, with lots of smiling faces. Our next gig was for Pakenham Sight Group. The fact that many of them could not see us did not dampen their enthusiasm. In fact it was probably a blessing for them! We are not the Sugar Babes after all!

We followed this up with a performance

for Bacton Bowls Club. This must have gone well as they very kindly collected £122.50, which we will be donating to our current charity, Blood Cancer UK.

The final gig this month was very exciting as we played at the morning assembly for Elmswell Primary School. We were thrilled that, when we finished, we were invited to come back again, before Christmas, to play for them again. We will have to learn some Xmas carols and songs. Does anyone know the chords for 'Fairytale of New York'?

As I write this, we are preparing for a gig at West Suffolk Hospital for 'My Wish'. If it is as well received as we were at Newmarket Community Hospital, we should have a great time.

Our picture, this month, shows us during the performance at Nowton Court village earlier in the year. We seem to be enjoying ourselves.

**'Til next time. Take care. For information, please call Kevin on 07710 149040 or Carol Or email: Kevin.Knock99@gmail.com**



## ELMSWELL GARDENING CLUB

Our meeting in October was given by a very entertaining speaker, Geoff Hodge. The title was 'Pruning made Simple.'

Geoff is very used to speaking to groups of people interested in gardening and this was his third visit to our group. He is a regular member of the team on BBC Radio Suffolk and can be heard on "The Garden Party" a programme giving advice about gardening on Saturdays from 11 a.m. to 1 pm.

He was keen to show us a couple of his many books - one is an RHS book 'Pruning and Training' the other simply entitled 'Pruning'.

The first part of the talk covered the wide variety of tools available to gardeners. He urged us to spend our money on just a few really good tools, rather than lots of inexpensive and poor quality items. He recommended looking out for high carbon steel as it takes longer to blunt. He also advised buying a sharpener and using it frequently. He believes the Felco diamond sharpener is the best.

Geoff described the two types of secateurs: by-pass and anvil. Of these he suggested we purchase only by-pass and preferably one with a rotating handle. His top recommendation is made by Spear and Jackson. We were amused to hear him suggest we used a sheep shearing tool for topiary work and a tiny pair of snippers. He stressed the importance of always ensuring clean cuts as they would be less likely to allow disease to enter the plant.

Loppers are used for thicker stems and thinner branches. These again can be

by-pass and have gears to make cutting less strenuous. Pruning saws can be used on branches, some are curved others have a straight edge. Telescopic pruning shears are preferable to clambering up a ladder.

Geoff delighted in describing an unpleasant accident involving an unstable ladder and a pair of secateurs in a back pocket. You can probably work out that a trip to the hospital was also part of the story. Geoff's advice was - always stay on the ground to carry out pruning, and if ever you must use a ladder, always ensure you have someone at the bottom to hold it steady.

Geoff also explained what to do at different times of the year. Fruit trees with stones e.g. plums, should only be pruned in the summer, apple and pear trees in the winter. However he mainly advised doing the minimum of pruning with fruit trees. Only cut out 'the four D's - dead, diseased, dying or damaged wood. He also pointed out that when buying new fruit trees for a small garden always ensure they are grafted on a semi-dwarfing rootstock -M9. That way they will never grow too large for the garden and require very little, if any, pruning.

He went into quite a lot of detail about pruning other plants but in general the rule is prune after flowering. He suggested we take cuttings in case parent plants die over winter. Also, there are more delicate plants such as lavender and broom where the old wood must never be cut into.

Geoff kindly donated some tools for



the club raffle, which was greatly appreciated. It was a highly informative and entertaining evening.

Our next meeting will be on **19th November**. Following a short AGM - There will be refreshments and a quiz with a difference devised by the committee for the entertainment of members.

No meetings are held in December or January so the first meeting of 2025 will be on Tuesday **18th February**. This year has seen an increase in numbers and we very much hope to welcome more new members to our friendly group.

Meetings are held at the Wesley Hall, School Road and commence at 7.30 pm.

Membership for the year costs £18.00 and visitors pay £5.00.

Refreshments are available and a raffle is held.

We generally have one or two outings during the year and our programme of speakers for next year is shaping up to be equally interesting to the one we've all enjoyed this year.



**Further information about Elmswell Gardening Club please contact Nick on 01359 242601 or e-mail: elmswellgadmin@btinternet.com**



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# ELMSWELL PARISH COUNCIL OCTOBER MEETING REPORT

The Parish Council meets at least once each month, sometimes excluding August if there is insufficient business, although extraordinary meetings can be called as required at any time.

The October meeting, with 7 councillors present, together with BMSDC Ward Member Cllr Jen Overett and the Parish Clerk, Peter Dow, took place at Blackbourne on Monday 21st.

This report is compiled from that meeting by the Parish Clerk and edited by the Council's Editorial Board which comprises the Council Chairman, the Council Vice-chairman and Cllr Sue Roots, elected by her peers to join them. It seeks to cover some of the more interesting or significant items thought to deserve wider public attention. Included, where appropriate, are matters reported to the meeting by external bodies such as the County and District Council Ward Members or as raised at the meeting by members of the public. Further background and reference to subsequent events are included where relevant.

The Minutes of recent Parish Council meetings and Committee meetings, together with the agenda for the next meeting, when ratified, are available online at [elmswell.suffolk.cloud](http://elmswell.suffolk.cloud) and from the Parish Clerk by arrangement. Bound copies of older Minutes are lodged in the Village Archive at Blackbourne and with the Suffolk County Records Office in Bury St. Edmunds. The most recent Minutes from the meeting held on 16th September, as approved at this meeting, are posted in the Council's notice board at Crown Mill.

## Suffolk County Council

Cllr Andy Mellen tabled a written report which included the following: Recycling and Waste Collection Changes At Cabinet on Tuesday 10 September, we heard about the changes the council is preparing to make to prepare for the new recycling and waste collection requirements set out in the Environment Act 2021. This new law means that district and borough councils must additionally collect food waste, glass and cartons from residents by 2026, and also collect plastic film from 2027. It is up to each district and borough council how they choose to arrange their waste collection schedule, and they will be communicating these changes to residents soon. However, the county council also needs to make changes as it is responsible for storing and processing waste and recycling after it is collected. The council will be spending around £4.535m, allocated from its reserves, to update waste transfer stations in the county where waste is taken after it is collected. The council will also need to set up a new contract for an anaerobic digestion of the food waste.

Financial Monitoring Report for 2024-25 We also heard at Cabinet on 10 September about the council's latest financial forecast for 2024-25, and so far the year seems to be going better than last year, with a projected overspend of £1 million compared to last year when the council was forecasting an overspend for 2023-24 of £29.3 million. Some services are still overspent, for example costs for Special Educational Needs and Disabilities (SEND) and care purchasing in adult social care services. Areas that are predicted to come in under budget have helped balance this out. However, the council's reserves, the 'savings' it holds for a rainy day, are taking another big hit this year and are due to reduce by £22.2 million. This is a rate of spending by the council which is unsustainable even for a few more years. Like other councils in the same position, we will be hoping for an improved funding settlement from the new government.

Funding to Improve Home

Energy Efficiency My group were disappointed that the council is projecting to return £5 million of funding to the government which could have been used to improve the energy efficiency of homes in Suffolk. The Warm Homes Suffolk Scheme is now closed, but the council has heard that a similar scheme may be on its way and we would encourage residents who are eligible to apply. The previous scheme enabled people to buy extra insulation and undertake other improvements to improve the energy efficiency of their homes, which will also reduce the amount they are paying to heat them. We will have more information on future schemes at a later date and will provide further information then.

Suffolk Devolution Deal Withdrawn Following the change in government, the devolution deal which had been tabled for Suffolk has now been withdrawn, as has the deal for Norfolk which was along similar lines. Devolution would have provided the county with extra funding and power to make more decisions locally, for example transport and adult education. Although this is being reported as a snub for the county, my group feels that devolution deals offered by the new government are likely to be more ambitious, and will avoid the possible decision deadlock caused by a directly elected leader being from a different political party to the majority of councillors.

Arts and Culture Project Funding The council has launched its new £500,000 Culture Project Fund to support local arts and museum projects across the county. This is the bidding system for arts funding for the financial year 2024-25 which was announced by the council's administration as part of the budget process in early 2024, and will see a larger amount of smaller grants for projects and organizations compared to previous years. The fund offers three tiers of grants: Small grants up to £1,500

Medium grants up to £15,000 Large grants up to £50,000. Eligible applicants include arts organisations and museums, skilled freelancers, registered charities, community interest companies, non-profits,

and social enterprises based in Suffolk. For more information on deadlines and award dates, or to find out how to apply, please visit [www.suffolk.gov.uk/cultureprojectfund](http://www.suffolk.gov.uk/cultureprojectfund) or contact the Arts & Museums Team at [cultureprojectfund@suffolk.gov.uk](mailto:cultureprojectfund@suffolk.gov.uk). Apply for Primary and Secondary School Places Parents and carers can now apply for a place in the normal year of entry at a primary (including infant and junior) school and secondary school for September 2025. The deadline for applications to secure a place at a secondary school is Thursday 31 October 2024 and for primary school places, including infant and junior schools, the deadline is Wednesday 15 January 2025. All applications received by the closing dates are processed at the same time using the schools' oversubscription criteria to prioritise applications when necessary. Late applications are processed after all of those received on time. SCC advise that parents and carers think about how their child will travel to school before they apply for a school place. They can check which is their child's nearest suitable school on our Nearest School Checker because it might not be their catchment area school: <http://nearestschool.suffolk.gov.uk/> Advice and guidance about the school application process is available here: [www.suffolk.gov.uk/admissions](http://www.suffolk.gov.uk/admissions)

## Clerk's Report

The Parish Clerk's Report to the Meeting included the following:

- Council's policy is to only work with an Internal Auditor for 3 consecutive years so as to avoid over-familiarity or complacency. Accordingly, we have not renewed our agreement with the excellent Dave Crimmin and the Proposal at 13 is that we engage Heelis & Lodge whose principals, Heather Heelis and Lynne Lodge, have both previously undertaken the role at Elmswell. They are both appropriately qualified and have wide experience of providing independent audit services for our sector. I would recommend them.
- The Internal Control examination

by Cllrs Brown & Hancock, as agreed at 24.09.15, is scheduled for 6<sup>th</sup> November. Suggestions as to anything specific which might deserve their attention are welcome.

- The BWMA meeting of 23<sup>rd</sup> September agreed to transfer £140,000.00 of accrued Blackbourne & Wesley letting fee income to Council with a recommendation that £80,000.00 be dedicated to the Community Pub project and the rest split towards supporting the Crown Mill play areas and the replacement doors at Blackbourne.
- Three Tenders for the Elmswell Tavern project have been selected to be subjected to clarification towards the identification of a designated Contractor. The raw figures proffered at this stage bode well for the eventual Contract sum being within the available funding.
- I have attended on-line meetings organised by Community Action Suffolk dealing with Affordable Housing and Community-Led Housing. There is wide acceptance of the difficulties posed by the insistence at higher levels that Right To Buy is generically sound idea, but a hope that recent Government changes might allow that there are serious problems inherent in the policy which have caused a degradation in the practical provision of affordable homes since its inception in 1980. There is also an apparent glut in the number of 'affordables' built by housing developers as required under s106 arrangements but for which many Registered Providers (RP's), such as Housing Associations, are unwilling to take under their management. Meanwhile, our professional advisers are advising on the site value of the plot to the rear of the Tavern based on rental only, ie no shared equity, and a house-type mix that maximises the return on any proposed sale to an RP.
- In conjunction with Cllr Mansel I am working with BMSDC Public Realm towards refining a two-site scheme for play provision at Crown Mill extending to cover a younger age-range. In the meantime, I have 2 designs to hand and a third promised which will be referred to the T&FWP towards a firm proposal to Council.
- With thanks to Cllr Brown, we have 2 firm quotations for the work to level, drain and seed the areas of Turners' Field which will be dedicated to sports recreational use. We are seeking a third and, in the meantime, working with the

emerging Elmswell Community Football Club and the Amenities Association towards grant funding from Suffolk FA taking account of current negotiations for ECFC to agree a Lease on the EAA land at Grove Lane which will allow the autonomy that the footballers need to qualify for grant aid in their own right towards developing the club.

Meanwhile, the contractor who also cuts and bales the Green Cemetery and various areas managed by ElmsWild has taken on the Conservation Field which has had many years of wild overgrowth removed as the beginning of a management regime to encourage a wider variety of species in a general amenity / walking area.

- On 14<sup>th</sup> October Cllr Pallett and I met with Bethany Taylor, our BMSDC Communities Officer, to update and liaise on the initiatives which are benefitting from our collaboration with District. We confirmed the positive outcome of the first stage of securing Tenders for the Tavern project and enquired as to further support for specific elements of the scheme through their Social Enterprise Support initiative. We also asked for guidance towards obtaining funding to allow a repeat of the very successful Wesley Winter Warmer events and towards taking further, with Wesley Ukes, a scheme to bring young schoolchildren and older people together through the medium of music.
- I attended with Cllr Pallett a BMSDC / T&PC liaison meeting at Wesley on 17<sup>th</sup> October. The Chief Exec., Arthur Charvonia, Leader of Council Cllr Andy Mellen and Chief Operating Officer Tom Barker spoke to address matters which included the position regarding Devolution, Th Mid Suffolk Strategic Plan, the relatively healthy position in Mid Suffolk's finances with a current reserve of £33m, healthy income from Gateway 14 and no current account losses on CIFCO, accepting that the latter does show a sizeable drop in asset value on the Balance sheet. The changes to Planning law are in a state of flux under a new government administration with the possible revisiting of a Strategic Plan approach which may include Regional Spatial Strategies and Structure Plans should the overarching catch-all of NPPF be reduced in scope. The uplift in housing delivery targets

means that Mid Suffolk must look to deliver 753 units p/a rather than the existing target of 535 and there is pressure to increase the proportion of affordable homes. The need to develop infrastructure to match new populations is noted as being paramount in discussions as these targets increase.

- The Poor's Land Charity meeting of Trustees attended by myself and Cllrs Burch, and Pallett representing EPC and held on 14<sup>th</sup> October discussed the extra burden presented to some in the community by the changes to the Government's Winter Fuel Payment. It was agreed that a co-operative initiative undertaken jointly by the Charity and EPC might help by advertising assistance through the Council office to those wishing to test their eligibility for the allowance and to make an application as appropriate.
- I have circulated to Councillors further correspondence regarding the possible loss of the village notice board at School Road. It now seems that the problem is otherwise resolved and that our facility remains safe.

## Planning results

The Meeting noted the following results of Planning applications made to Mid Suffolk, the Planning Authority.

**DC/24/03309** Discharge of Conditions...Land adjacent to Elmtree Business Park APPROVED  
EPC no comment

**DC/24/03112** Discharge of Conditions...Land off A14 (*petrol station*) REFUSED  
EPC no comment

**DC/24/03936** Tree works...36 Oxer Close GRANTED  
EPC supported

**DC/24/03665** Erection of two storey self build...Jamita, Oak Lane GRANTED with conditions  
EPC objected

**DC/24/03718** Single storey rear extension...Blackbird Cottage, St Johns Close GRANTED  
EPC supported

**DC/24/03363** Discharge of Conditions...Land on Bacon Factory site APPROVED  
EPC no comment

**DC/24/03911** Convert garage to living accommodation... Lukes View, St Johns Close GRANTED  
EPC supported

**DC/24/04130** Discharge of Conditions re biodiversity etc... GRANTED  
EPC made no comment  
Land off Ashfield Road (Stable & Hay Store)



## Planning Applications

The Meeting objected to two Applications on the agenda with comments:

**DC/24/04207** Application under S73 for the Removal or Variation of a Condition following grant of DC/21/01132 dated 21/01/2022 Town and Country Planning Act 1990 (as amended)- Reserved Matters for Erection of up to 300 dwellings, construction of a new spine road, land for a new primary school, burial ground extension, village car park and associated infrastructure. - To vary Condition 2 (Approved Plans and Documents) to allow amendments to alter house types for 40 of the homes as per revised details submitted.

### **Land off Bury Road (Woolpit)**

Councillors have concerns that the proposed variations might adversely affect key elements of the original Permission with specific regard to:

- 1 The ecological profile of the new dwellings falling short of the energy efficiency standards required of the original units
- 2 The loss of the original cohesive overall estate design to the detriment of the street scene with particular reference to the proposed introduction of randomly varied roof lines
- 3 The potential loss of previously agreed standards of biodiversity and effects on wildlife. Until these matters are considered and the relevant concerns addressed regarding the potential loss of the integrity of the permitted scheme, Councillors would recommend a Holding Objection.

**DC/24/04310** Application for Advertisement Consent - Construction and display of internal and external illuminated signage as detailed within application form and P-SD11080-01 REV E

### **Eg On The Move, Kiln Lane (Petrol filling Station)**

Councillors object to this Application which seeks to impose a suburban result in this rural location. The standards of height and

illumination are ill-suited to the site which, away from the overbearing effect of A14, is characterised by rolling arable farmland within clear site of the 2 listed churches at Elmswell and at Woolpit. There are specific concerns regarding installation 22 which would seem, as proposed, to pose a threat to pedestrian safety.

### **Grants to external bodies**

Council considers on an annual basis any applications made for grant funding from external charitable bodies. The Meeting agreed that £175.00 be granted to each of: Headway Suffolk, Royal British Legion Poppy Appeal, Mid Suffolk CAB, Suffolk Accident Rescue Service, Lighthouse Women's Aid, and Communities Together East Anglia.

### **Internal Audit**

Council has a policy of rotating the appointed Internal Auditor every 3 years so as to avoid over-familiarity and towards inviting fresh eyes on practices and procedures. Consequently, Heelis & Lodge were agreed as audit providers for the current year. This level of examination benefits from the Council's own mid-term check carried out by 2 appointed Members in November and feeds into the External Audit completed by the Government appointed practice, currently PKF Littlejohn LLP, at the end of the financial year. The External Audit results are posted on the Council's website at [elmswell.suffolk.cloud](http://elmswell.suffolk.cloud).

### **A1088 Roundabout**

The Clerk confirmed that he had had reassurance from SCC Ward Member Cllr Andy Mellen that the Council's concerns, as reinforced by representations from residents, regarding the serious lack of visibility at the 1088 roundabout where being addressed. The roundabout had been the subject of similar concerns some four years ago when the Parish Council had convinced Suffolk County Council that action was needed and the overgrowth was almost entirely removed. Despite a promise of cyclical maintenance this has now re-grown and the suggestion is that a 2 metre strip around the perimeter be cut back recognising the very dramatic increase in use when the petrol filling station begins operating and many more drivers, unfamiliar with the road layout, will be using the road.

### **Next meeting**

It was noted that the next meeting was scheduled for 18<sup>th</sup> November beginning at 7.30pm at Blackbourne. The public are, as ever, welcome to attend all Council meetings and the agendas will always offer opportunities for questions and comment. Agendas are published online at [elmswell.suffolk.cloud](http://elmswell.suffolk.cloud) and on the Council's notice board at Crown Mill and hard copies can be collected from the Council Office at Blackbourne.



**WALSHAM  
ARTS & CRAFT  
EXHIBITION**

Open 23rd, 24th & 25th November  
10am - 5pm

Open Evening on Friday 22nd  
5pm - 8pm

The Priory Room  
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Enquiries on any Parish Council matter are invited to the Clerk, Peter Dow, at The Council Office, Blackbourne, Blackbourne Road, IP30 9UH – right next to the car park and with wheelchair access.

**Staffed Monday – Friday 9.00am – 4.00pm  
and other times by arrangement**

[clerk@elmswell.suffolk.gov.uk](mailto:clerk@elmswell.suffolk.gov.uk)  
Tel. 244134 [www.elmswell.suffolk.cloud](http://www.elmswell.suffolk.cloud)



### **Future Council Meetings**

Notice of all meetings and agendas is posted on the Council's notice board at Crown Mill and in the community notice board at the Co-op.

Oct	Nov	Dec	Jan
21st	18th	16th	20th
17th			

Meetings are held at Blackbourne, beginning at 7.30 unless otherwise notified

# VILLAGE INDEX



Useful contacts for community groups & others...feedback is essential.  
Do be in touch to correct or add details or to suggest someone else deserving of listing.

Amenities Association	Jean Barker (Sec)	eea@elmswell.org.uk	241135
Art Club	Eddie Douglas	edward.douglas2@gmail.com	
Baby & Toddler Group		elmswellbtgroup@gmail.com	
Baptists	Dave Hollings	davehollings@btinternet.com	241323
BATS (Badminton & Table Tennis)	Mike Burgess Wilson	burgesswilsonmike@gmail.com	
Beavers	Ruth Salmon	ruthcourt4@hotmail.co.uk	
Bingo at Blackbourne	Brian Hawes		07761 125093
BWMA	Peter Edmonds (Sec)	edmondspeterj@gmail.com	07860 395720
Blackbourne – all enquiries	Parish Council office	clerk@elmswell.suffolk.gov.uk	244134
Brownies	Gemma Sutton	elmswellbrownies@hotmail.com	
CAB		advice@midsuffolkcab.org.uk	01449 676060
Carpet Bowls Club	Mike North	mcnorth8@gmail.com	
Christians Together in Elmswell	Peter Goodridge	elmswellrector@gmail.com	240512
Community Speed Watch	Marie Spampinato	mariespampinato@hotmail.co.uk	07769 715209
Companions	Linda Waspe	linda@labbott.plus.com	
County Councillor	Cllr Andy Mellen	Andy.Mellen@suffolk.gov.uk	
Cricket Club	Ben Whatling (Captain)	benwhatling@mail.com	07760 174811
Cubs	Mark Pernot	mark.pernot@gmail.com	
District Councillor	Sarah Mansell	Sarah.Mansel@midsuffolk.gov.uk	07860 829517
District Councillor	Jen Overett	Jen.Overett@midsuffolk.gov.uk	
Elmswheelians	Trevor Sadler	trevor.sadler@dsl.pipex.com	240908
Elmswild	Mary Feeney	info@elmswild.org.uk	241901
Exchange Afternoon WI	Carol Blissett	carolblissett@hotmail.co.uk	242884
First Responders	Merv	merv.smith@tiscali.co.uk	07909 006 496
Football	Chris Edmonds	edddd101@gmail.com	
Fox Bowls Team bowls at Blackbourne	Rob Dann	rccsdann@btinternet.com	07917 013846
Gardening Club	Nick	elmswellgadmin@btinternet.com	01359 242601
Guides	Viv	elmswellguides@outlook.com	
Health Centre - Woolpit			240298
History Group	Stella Chamberlin	stellachamberlin@yahoo.co.uk	
Ladies Voices (Choir)	Anna Wilton Mills	annawm63@gmail.com	
Library	Miles Row - Manager	Elmswell.Library@suffolklibraries.co.uk	240974
Little Elms	Paula Reynolds / Samantha Willers	info@littleelms.co.uk	240491
Newsletter	Editorial office	eea@elmswell.org.uk	244134
Over 55's Club	Diann Armstrong	Mayfield, Wetherden Road	241002
Parish Council	Parish Clerk	clerk@elmswell.suffolk.gov.uk	244134
Police Emergencies			999
Police; non-emergencies	Mid Suffolk South SNT	headquarters@suffolk.pnn.police.uk	101
Poor's Land Charity	Peter Goodridge	elmswellrector@gmail.com	240512
Power cuts		Powwercut105.com	105
Rainbows	Jen & Lizzie	elmswellrainbows@yahoo.com	
Royal British Legion	Norman Plumpton (Biff)	nplumpton@aol.com	07707 524722
School	Mrs Ash	admin@elmswell.suffolk.sch.uk	240261
Scouts	Paula Hollings	dc@stowmarketscouts.org.uk	07828 262485
St John's Church	Peter Goodridge	elmswellrector@gmail.com	240512
Sewing Bee	Isabel Burgess	isabel.burgess@live.com	
Village Tree Warden	c/o Parish Clerk	clerk@elmswell.suffolk.gov.uk	244134
Wesley – all enquiries	Parish Council office	clerk@elmswell.suffolk.gov.uk	244134
WI - evening	Tricia McNeeney	triciamcneeney@gmail.com	241197
Youth Football	Wayne	wsast@hotmail.co.uk	

**Enquiries on any Parish Council matter are invited to the Clerk, Peter Dow, at The Council Office, Blackbourne, Blackbourne Road, IP30 9UH - right next to the car park and with wheelchair access. Staffed Monday - Friday 9.00am - 4.00pm and other times by arrangement.  
clerk@elmswell.suffolk.gov.uk Tel. 244134**

**IF YOU ARE NOT HAPPY THAT YOUR DETAILS APPEAR HERE,  
PLEASE DO BE IN TOUCH VIA eaa @elmswell.org.uk**

# What's On in Elmswell ?



To be included in our events diary make sure you send separate notification of your announcement.

For a full year's calendar of what's booked at Blackbourne, please go to the Parish Council website at [www.elmswell.suffolk.gov.uk](http://www.elmswell.suffolk.gov.uk) - it might help you in planning dates for your events.

## November 2024

- 4 Ladies Friendship Group, 2pm at Elmswell Baptist Church - Stephen Moody talking about "Christmas Traditions".
- 6 Exchange WI 2.00pm at Wesley. History of the British Legion and the Poppy Appeal Speaker Mandi Cox-Osborne
- 7 Over 55's Club Hot Dogs followed by Bingo
- 12 Elmswell WI - SARS Suffolk Accident and Rescue Service
- 14 Food 'n' Friends at Elmswell Baptist Church midday
- 14 ELMSWELL HISTORY GROUP, 7.30pm; in Wesley Chapel. Speaker Andy Peachey: Archaeology on Anglia One's Cable Route
- 19 Elmswell Gardening Club AGM & Quiz and refreshments. Wesley 7.30pm, all welcome
- 21 Over 55's Club Brian Mann entertains OPEN EVENING
- 29 Bingo - Doors open 6.30 eyes down 7.30 all welcome

## December 2024

- 2 Ladies Friendship Group, 1pm (NB earlier start) - Nosh and Natter with carols, Christmas songs, poems and readings and a thought for the month.
- 4 Exchange WI 2.00pm at Wesley. Christmas Celebrations. Hosted by the committee
- 5 Over 55's Club Concert by Norton Salvation Army Visitors welcome
- 10 Elmswell WI - It's Christmas
- 12 Food 'n' Friends at Elmswell Baptist Church midday
- 12 ELMSWELL HISTORY GROUP, 7.30pm; in Wesley Chapel. Performers 'Chanters Jigge': Our Merry Christmas Revel - an entertaining evening of live music and seasonal songs, played on traditional instruments
- 13 Bingo - Doors open 6.30 eyes down 7.30 all welcome
- 14 Over 55's Club Christmas Party followed by entertainment with Susan Jayne

## January 2025

- 9 ELMSWELL HISTORY GROUP, 7.30pm; in Wesley Chapel. Members' Evening: A selection of members' own researches
- 14 Elmswell WI - Have you ever met a Trans Woman?

## February 2025

- 11 Elmswell WI - Climate change and reducing the carbon footprint
- 13 ELMSWELL HISTORY GROUP, 7.30pm; in Wesley Chapel. Speaker Mike Walker: The Siege of Haughley Castle & Battle of Fornham, in 1173

## March 2025

- 11 Elmswell WI - Life on a canal boat
- 13 ELMSWELL HISTORY GROUP, 7.30pm; in Wesley Chapel. Speaker Don Mobley: U.S. Military Aviation in East Anglia

## STOP PRESS

Regular sessions at Blackbourne & Wesley include:

**KARATE** with Lewis - Friday 5.00 - 7.00 [info@greathedma.com](mailto:info@greathedma.com)

**JAPANESE JUJUTSU / SELF DEFENCE** - Monday & Wednesday 6.30 - 8.30 [ryoishintowaryuheiho@gmail.com](mailto:ryoishintowaryuheiho@gmail.com) tel. 07711 680262

**BABY & TODDLER GROUP** - Monday mornings [elmswellbtgroup@gmail.com](mailto:elmswellbtgroup@gmail.com)

**BATS - badminton / table tennis / pool** at Blackbourne Friday nights 7 - 9.30 [simon@coakleyandtheaker.co.uk](mailto:simon@coakleyandtheaker.co.uk)

**BOWLS** - [barryhayward1902@gmail.com](mailto:barryhayward1902@gmail.com) tel. 240951

**GUIDES** - [elmswellguides@outlook.com](mailto:elmswellguides@outlook.com)

**FOOTBALL** - Chris Edmonds [edddd101@gmail.com](mailto:edddd101@gmail.com)

**RAINBOWS** - [elmswellrainbows@yahoo.com](mailto:elmswellrainbows@yahoo.com)

**JUNIOR FOOTBALL** - [smyth98@hotmail.com](mailto:smyth98@hotmail.com) 07717 841591

**CUBS** Tuesdays 6.15 - 7.30 - [mark.pernot@gmail.com](mailto:mark.pernot@gmail.com)

**BEAVERS /SCOUTS** - Wednesday 5.45 - 9.15 [ddc.paula@stowmarketscouts.org.uk](mailto:ddc.paula@stowmarketscouts.org.uk)

**OVER 55'S** - every other Thursday 6.30 - 10.30 Diann Armstrong tel. 241002

**CIRCLE DANCING** - Thursdays 1.45 - 3.15 [jenlerner@gmail.com](mailto:jenlerner@gmail.com)

**TREFOIL GUILD** - 1st Tuesday monthly [lesley.grout@btinternet.com](mailto:lesley.grout@btinternet.com)

**MARDLE QUILTERS** - last Friday monthly [carpajak@aol.com](mailto:carpajak@aol.com)

**MOO MUSIC** - Fridays 12.45 - 3.15 [bury@moo-music.co.uk](mailto:bury@moo-music.co.uk)

**WI** - evening at Wesley 2nd Tuesday monthly 7.30pm [triciamcneeny@gmail.com](mailto:triciamcneeny@gmail.com)

**WI** - afternoon at Wesley 1st Wednesday monthly Carol Blissett [carolblissett@hotmail.co.uk](mailto:carolblissett@hotmail.co.uk)

**ART CLUB** at Wesley every Tuesday 9.00 - 12.00 Eddie Douglas [edward.douglas2@gmail.com](mailto:edward.douglas2@gmail.com)

**HISTORY GROUP** at Wesley 2nd Thursday monthly 7.30 [stellachamberlin@yahoo.co.uk](mailto:stellachamberlin@yahoo.co.uk)

**GARDEN CLUB** at Wesley 3rd Tuesday monthly 7.30 [elmswellgadmin@btinternet.com](mailto:elmswellgadmin@btinternet.com)

**CARPET BOWLS** - Wednesday 7pm at Wesley - [em.mcnorth8@gmail.com](mailto:em.mcnorth8@gmail.com)

**COMPANIONS** - every other Friday 10 - 12 at Wesley - [linda@abbott.plus.com](mailto:linda@abbott.plus.com)

**PILATES** - Monday & Friday mornings - [suzanne@triformpilates.co.uk](mailto:suzanne@triformpilates.co.uk)

**BINGO** - Blackbourne, last Friday monthly doors open 6.30...eyes - down 7.30

**ARTS SOCIETY OF WEST SUFFOLK** first Tuesday monthly, October-June. Diana Hollins 01449 736930 [theartssociety-westsuffolk.org.uk](http://theartssociety-westsuffolk.org.uk)

If we've missed you out, do let us know...all enquiries to Ann at the Council Office Tel. 244134 Email [clerk@elmswell.suffolk.gov.uk](mailto:clerk@elmswell.suffolk.gov.uk)

**DANCE & FITNESS / CIRCUITS** - Mondays 7.00pm & 7.50pm at Wesley

## Your Newsletter Fact File

For the next 3 months we need copy by: November 26<sup>th</sup>, December 18<sup>th</sup>, January 21<sup>st</sup>

Contact us on **01359 244 134** for all Amenities Association business, Newsletter and adverts.

Our new email address is **EAA@elmswell.org.uk** Your editors: Jean Barker, Maggie Bushell, Peter Dow

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